



## TEXAS VETERINARY MEDICAL FOUNDATION Pet Loss Resources

We know how hard it is to cope with the loss of a pet, so we're here for you during this devastating time. Explore some of the following pet loss support resources and discover the best ways to begin processing your painful loss.

### COPING WITH THE LOSS OF A PET

1. Texas A&M Veterinary Medical Teaching Hospital: *Grieving*, <https://bit.ly/44JfFrO>
2. Humane Society of America: *Grieving the loss of a companion animal* <https://bit.ly/3sDvmn2>
3. Humane Society of America: *How to cope with the death of your pet: How to take care of yourself, your family and other pets when you've had to say goodbye*, <https://bit.ly/3sGwBlN>
4. American Veterinary Medical Association: *Coping with the loss of a pet*, <https://bit.ly/3LhIC7g>
5. James L. Voss Veterinary Teaching Hospital, Colorado State University: *Grieving the loss of a pet*, <https://bit.ly/3PvOVGY>
6. James L. Voss Veterinary Teaching Hospital, Colorado State University: *Moving forward after the loss of a pet*, <https://bit.ly/3sII4Rv>
7. Pet Loss Support Page: *Ten tips on coping with pet loss*, <https://bit.ly/3Eu4Uiz>
8. Veterinary Medical Center, Ohio State University: *Pet Loss Suggested Reading List*, <https://bit.ly/3PyQh3W>

### HELPING CHILDREN COPE

1. Funeral Wise: *Helping children cope with the death of a pet*, <https://bit.ly/3ZgDztO>
2. Synergy, UC Davis Veterinary Medicine's magazine: *Helping kids cope with pet loss*, <https://bit.ly/45Kcx04>
3. Lap of Love: *Helping children cope with the serious illness or death of an animal companion*, <https://bit.ly/3PdvjpO>
4. Lap of Love: *A veterinarian's perspective: Should my child be present for our pet's euthanasia?* <https://bit.ly/48kzSrd>
5. KidsHealth.org: *When a pet dies*, <https://bit.ly/3Ey59sl>
6. UC Davis Veterinary Medicine: *Helping children understand pet loss*, <https://bit.ly/3ZbwkD9>

### ELDERLY AND PET LOSS

1. Blue Moon Senior Counseling: *Helping seniors cope with pet loss*, <https://bit.ly/3EuUpvd>



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2. Psychology Today: *How to help older adults grieve after pet loss*, <https://bit.ly/3PddMhg>

### HELPING SURVIVING PETS COPE

1. Texas A&M Veterinary Medical Teaching Hospital: *Helping our pets cope with loss*, <https://bit.ly/45079Ff>
2. Lap of Love: *Helping your pet cope with the grief and loss of another pet*, <https://bit.ly/3ExqliG>

### COPING WITH THE LOSS OF A HORSE

1. Horse and Rider Magazine: *How to deal with losing your horse*, <https://bit.ly/3sJx8TU>
2. Horse and Rider Magazine: *Coping with the loss of a horse*, <https://bit.ly/44EpFte>
3. University of Minnesota Equine Center: *Coping with the loss of a horse*, <https://bit.ly/48766WA>
4. Blue Cross (UK) Pet: *Saying goodbye to your horse: A practical guide for coping with loss*, <https://bit.ly/3Rha5Ka>
5. Horse and Hound: *Five pieces of advice for coping with the grief of losing your horse*, <https://bit.ly/45LVvPs>
6. Hoofbeats in Heaven: A 1,000-plus page gateway to horse loss resources, <https://bit.ly/3Z8A5cK>

### SUPPORT, DIRECTORIES AND RESOURCES

1. Texas specific resources, <https://bit.ly/3Pds9Ce>
2. Lap of Love Pet Loss and Bereavement Support: <https://bit.ly/3ExzCaE>
3. ASPCA Pet Loss Hotline: 877-474-3310
4. The Iams Company's Pet Loss Support Center & Hotline: 1-888-332-7738
5. Association for Pet Loss and Bereavement (APLB): <https://bit.ly/45Ktc3C>
6. Hoofbeats in Heaven: <https://bit.ly/3ExTque>
9. Rainbow Bridge Pet Loss Grief Center: <https://bit.ly/3LfNSZ6>
10. Pet Loss Support Page <https://bit.ly/3EvamS7>

### PET CEMETERY DIRECTORIES

1. International Association of Pet Cemeteries and Crematories Directory: <https://bit.ly/3EBbUtK>



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2. Fond Memories: <https://bit.ly/3PteXdQ>

### BOOKS AND SUGGESTED READING LISTS

1. Purdue University College of Veterinary Medicine: Suggested reading lists, <https://bit.ly/3ZcwJ8H>
2. Association for Pet Loss and Bereavement (APLB): Suggested reading lists, <https://bit.ly/3RePWet>